

# Creatine monohydrate: sc-257262



*The Power to Question*

## MATERIAL SAFETY DATA SHEET

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### 1. PRODUCT AND COMPANY IDENTIFICATION

**Product Name:** Creatine monohydrate

**Product Number:** sc-257262

**Supplier:** Santa Cruz Biotechnology, Inc.  
2145 Delaware Avenue  
Santa Cruz, CA 95060  
800.457.3801 or 831.457.3800

**Emergency:** ChemWatch  
Within the US & Canada: 877-715-9305  
Outside the US & Canada: +800 2436 2255 (1-800-CHEMCALL) or call +613 9573 3112

### 2. HAZARDS IDENTIFICATION

#### Emergency Overview

#### OSHA Hazards

Irritant

#### GHS Label elements, including precautionary statements

Pictogram



Signal word Warning

#### Hazard statement(s)

H315 Causes skin irritation.

H319 Causes serious eye irritation.

H335 May cause respiratory irritation.

#### Precautionary statement(s)

P261 Avoid breathing dust/fume/gas/mist/vapours/spray.

P264 Wash skin thoroughly after handling.

P271 Use only outdoors or in a well-ventilated area.

P280 Wear protective gloves/eye protection/face protection.

P302 + P352 IF ON SKIN: Wash with plenty of soap and water.

P304 + P340 IF INHALED: Remove victim to fresh air and keep at rest in a position comfortable for breathing.

P305 + P351 + P338 IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.

P312 Call a POISON CENTER or doctor/physician if you feel unwell.

P321 Specific treatment (see supplemental first aid instructions on this label).

P332 + P313 If skin irritation occurs: Get medical advice/attention.

P337 + P313 If eye irritation persists: Get medical advice/attention.

P362 Take off contaminated clothing and wash before reuse.

P403 + P233 Store in a well-ventilated place. Keep container tightly closed.

P405 Store locked up.

P501 Dispose of contents/container to an approved waste disposal plant.

#### HMIS Classification

Health hazard: 2

Flammability: 0

Physical hazards: 0

#### NFPA Rating

Health hazard: 2

Fire: 0

**Reactivity Hazard:** 0

**Potential Health Effects**

**Inhalation** May be harmful if inhaled. Causes respiratory tract irritation.

**Skin** May be harmful if absorbed through skin. Causes skin irritation.

**Eyes** Causes eye irritation.

**Ingestion** May be harmful if swallowed.

**3. COMPOSITION/INFORMATION ON INGREDIENTS**

**Formula :** C<sub>4</sub>H<sub>9</sub>N<sub>3</sub>O<sub>2</sub> · H<sub>2</sub>O

**Molecular Weight :** 149.15 g/mol

<i>CAS-No.</i>	<i>EC-No.</i>	<i>Index-No.</i>	<i>Concentration</i>
<b>CREATINE MONOHYDRATE</b> 6020-87-7	200-306-6	-	-

**4. FIRST AID MEASURES**

**General advice**

Consult a physician. Show this safety data sheet to the doctor in attendance. Move out of dangerous area.

**If inhaled**

If breathed in, move person into fresh air. If not breathing give artificial respiration Consult a physician.

**In case of skin contact**

Wash off with soap and plenty of water. Consult a physician.

**In case of eye contact**

Rinse thoroughly with plenty of water for at least 15 minutes and consult a physician.

**If swallowed**

Never give anything by mouth to an unconscious person. Rinse mouth with water. Consult a physician.

**5. FIRE-FIGHTING MEASURES**

**Suitable extinguishing media**

Use water spray, alcohol-resistant foam, dry chemical or carbon dioxide.

**Special protective equipment for fire-fighters**

Wear self contained breathing apparatus for fire fighting if necessary.

**6. ACCIDENTAL RELEASE MEASURES**

**Personal precautions**

Use personal protective equipment. Avoid dust formation. Avoid breathing dust. Ensure adequate ventilation.

**Environmental precautions**

Do not let product enter drains.

**Methods and materials for containment and cleaning up**

Pick up and arrange disposal without creating dust. Keep in suitable, closed containers for disposal.

**7. HANDLING AND STORAGE**

**Precautions for safe handling**

Avoid contact with skin and eyes. Avoid formation of dust and aerosols. Provide appropriate exhaust ventilation at places where dust is formed. Normal measures for preventive fire protection.

**Conditions for safe storage**

Keep container tightly closed in a dry and well-ventilated place. Keep in a dry place.

**8. EXPOSURE CONTROLS/PERSONAL PROTECTION**

Contains no substances with occupational exposure limit values.

**Personal protective equipment**

**Respiratory protection**

Where risk assessment shows air-purifying respirators are appropriate use a dust mask type N95 (US) or type P1 (EN 143) respirator. Use respirators and components tested and approved under appropriate government standards such as NIOSH (US) or CEN (EU).

**Hand protection**

Handle with gloves.

**Eye protection**

Safety glasses with side-shields conforming to EN166

**Skin and body protection**

Choose body protection according to the amount and concentration of the dangerous substance at the workplace

**Hygiene measures**

Handle in accordance with good industrial hygiene and safety practice. Wash hands before breaks and at the end of workday.

**9. PHYSICAL AND CHEMICAL PROPERTIES**

Form	powder	pH	no data available
Melting point	292 °C	Boiling point	no data available
Flash point	no data available	Ignition temperature	no data available
Lower explosion limit	no data available	Upper explosion limit	no data available
Water solubility	no data available		

**10. STABILITY AND REACTIVITY****Chemical stability**

Stable under recommended storage conditions.

**Conditions to avoid**

no data available

**Materials to avoid**

Strong oxidizing agents

**Hazardous decomposition products**

Hazardous decomposition products formed under fire conditions. – Carbon oxides, nitrogen oxides (NOx)

**11. TOXICOLOGICAL INFORMATION****Acute toxicity**

Musculoskeletal:Other changes.

TDL<sub>o</sub> Oral – rat – 1,535 mg/kg

Remarks: Musculoskeletal:Other changes.

**Skin corrosion/irritation**

no data available

**Serious eye damage/eye irritation**

no data available

**Respiratory or skin sensitization**

no data available

**Germ cell mutagenicity**

no data available

**Carcinogenicity**

IARC: No component of this product present at levels greater than or equal to 0.1% is identified as probable, possible or confirmed human carcinogen by IARC.

ACGIH: No component of this product present at levels greater than or equal to 0.1% is identified as a carcinogen or potential carcinogen by ACGIH.

NTP: No component of this product present at levels greater than or equal to 0.1% is identified as a known or anticipated carcinogen by NTP.

OSHA: No component of this product present at levels greater than or equal to 0.1% is identified as a carcinogen or potential carcinogen by OSHA.

**Reproductive toxicity**

no data available

**Specific target organ toxicity – single exposure (GHS)**

Inhalation – May cause respiratory irritation.

**Specific target organ toxicity – repeated exposure (GHS)**

no data available

**Aspiration hazard**

no data available

**Potential health effects**

**Inhalation** May be harmful if inhaled. Causes respiratory tract irritation.

**Ingestion** May be harmful if swallowed.

**Skin** May be harmful if absorbed through skin. Causes skin irritation.

**Eyes** Causes eye irritation.

**Signs and Symptoms of Exposure**

To the best of our knowledge, the chemical, physical, and toxicological properties have not been thoroughly investigated.

**Additional Information**

RTECS: MB7706000

**12. ECOLOGICAL INFORMATION****Toxicity**

no data available

**Bioaccumulative potential**

no data available

**PBT and vPvB assessment**

no data available

**Persistence and degradability**

no data available

**Mobility in soil**

no data available

**Other adverse effects**

no data available

**13. DISPOSAL CONSIDERATIONS****Product**

Contact a licensed professional waste disposal service to dispose of this material. Observe all federal, state, and local environmental regulations.

**Contaminated packaging**

Dispose of as unused product.

**14. TRANSPORT INFORMATION****DOT (US)**

Not dangerous goods

**IMDG**

Not dangerous goods

**IATA**

Not dangerous goods

**15. REGULATORY INFORMATION****OSHA Hazards**

Irritant

**DSL Status**

All components of this product are on the Canadian DSL list.

**SARA 302 Components**

SARA 302: No chemicals in this material are subject to the reporting requirements of SARA Title III, Section 302.

**SARA 313 Components**

SARA 313: This material does not contain any chemical components with known CAS numbers that exceed the threshold (De Minimis) reporting levels established by SARA Title III, Section 313.

**SARA 311/312 Hazards**

Acute Health Hazard

**Massachusetts Right To Know Components**

No components are subject to the Massachusetts Right to Know Act.

**Pennsylvania Right To Know Components**

CREATINE MONOHYDRATE

CAS-No.: 6020-87-7

**New Jersey Right To Know Components**

CREATINE MONOHYDRATE

CAS-No.: 6020-87-7

**California Prop. 65 Components**

This product does not contain any chemicals known to State of California to cause cancer, birth defects, or any other reproductive harm.

***The above information is believed to be correct but does not purport to be complete and should be used only as a guide. The burden of safe use of this material rests entirely with the user.***

1/25/2011